

# SlimCakes<sup>®</sup>

Oatmeal Berry

SlimCakes are tasty low-calorie, nutritionally packed snacks that support heart and digestive health.



## Why SlimCakes are the perfect nutritious snack:

- Oatmeal Berry SlimCakes are packed with five grams of fiber and omega-3s from whole oats, inulin and flaxseed. They protect cardiovascular and digestive health.
- A delicious blend of antioxidant-rich blueberries and cranberries, which can help neutralize free-radicals.
- Low in fat and contain only 90 calories!
- Low cholesterol and preservative free.
- Sweetened with natural agave, which has a low glycemic index.
- SlimCakes can be enjoyed on Shake days or any day to help curb cravings.
- Great snack for children and adults alike.

<b>Nutrition Facts</b>	
Serving Size: 1 Cookie (30g)	
Servings Per Container 1	
<b>Amount per Serving</b>	
<b>Calories 90</b>	Calories From Fat 15
<b>%Daily Value*</b>	
<b>Total Fat 2g</b>	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
<b>Cholesterol 0mg</b>	0%
<b>Sodium 85mg</b>	4%
<b>Potassium 40mg</b>	1%
<b>Total Carbohydrate 20g</b>	7%
Dietary Fiber 5g	20%
Sugars 4g	
<b>Protein 2g</b>	4%
Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 2%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Saturated Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram: Fat - 9 • Carbohydrates - 4 • Protein - 4

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## Frequently Asked Questions

### What makes Oatmeal Berry SlimCakes unique?

There are many “healthy” cookies on the market, but Oatmeal Berry SlimCakes are an all-natural, heart-healthy snack that have 5 grams of fiber from whole oats, inulin and flaxseed, as well as omega-3s from flaxseed to help protect cardiovascular health.\* Oatmeal Berry SlimCakes also contain antioxidant-rich blueberries and cranberries, which can help neutralize free-radicals.

### Who can benefit from eating Oatmeal Berry SlimCakes?

Anyone looking for a heart-healthy, delicious snack option can benefit from Oatmeal Berry SlimCakes – adults and children alike. This is an excellent alternative to the cookies you would find in the snack aisle of your grocery store, and can help satisfy your appetite and cravings. SlimCakes are:

- A great source of fiber
- Zero trans fat
- Helps curb cravings
- Supports digestive health
- Rich in antioxidants

### How many Oatmeal Berry SlimCakes can I eat in a day?

We recommend you eat up to two Oatmeal Berry SlimCakes each day as a healthy snack.

### How can I incorporate Oatmeal Berry SlimCakes into my Nutritional Cleansing system?

Oatmeal Berry SlimCakes can be enjoyed as a between-meal snack on Shake Days or any day as a way to help control cravings.\*

### How do Oatmeal Berry SlimCakes support heart health?

Oatmeal Berry SlimCakes can complement a heart-healthy diet because they are low in saturated fat, contain no cholesterol and are packed with fiber-rich whole oats, inulin and flaxseed. What’s more, flaxseed contains omega-3 fatty acids, which helps to support heart health.\*\*

### How do Oatmeal Berry SlimCakes support hunger reduction?

A diet high in natural fiber may help to curb cravings.\* Oatmeal Berry SlimCakes contain fiber from whole oats, inulin and flaxseed, making these delicious treats very filling.

### How do Oatmeal Berry SlimCakes support digestive health?

A diet high in natural fiber promotes regularity, which supports digestive health.

Contact your Isagenix Independent Associate:



\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any diseases.  
\*\*The Isagenix Cleansing and Fat Burning Systems include products other than Cleanse for Life and assumes proper diet and exercise.