

Medical & Health



Fairfield Glade has its own paramedic team and ambulance service on call 24 hours a day and are located here at our fire department and security center. Our security officers are professionally trained and certified, also offering complete protection for our residents.

They work in close association with Cumberland Medical Center in Crossville — a private non-profit regional facility. Fully accredited by the Joint Commission on Accreditation of Healthcare Organizations, CMC offers special services usually not found in the rural medical systems. It has a 24 hour emergency department, fully staffed, expanded same-day surgery unit, comprehensive outpatient services, cardiac rehabilitation, home health services and more. Not too long ago, CMC added the Regional Cancer Center with state of the art technology.

What is most impressive is the new Out Patient facility and Wellness Complex that was added at

Fairfield Glade to complement the wide array of health care services available now through CMC. This 25,000 square foot facility offers mammography, physical therapy, occupational therapy, and aquatic therapy.

The wellness complex has membership services including walking track, aerobic classes, yoga, ballroom dancing, stretching, sculpting, senior aerobics, aquatics and cardiovascular equipment.

Health classes have cooking demonstrations, weight management, diabetes support group classes, nutrition needs and more.

Personal trainers are available for consultation during all hours of operation. Cardiac/pulmonary rehab maintenance programming is also available.

All in all, you will be well seen to - for the elderly citizens especially, the CMC Auxiliary sponsors the Lifeline program, which is a personal emergency response system in their homes and is connected directly to the Emergency Department.

