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Serving the entire Metro Denver Area:

- Real Estate
- Homeownership
- Assistance with Investment Properties
- Guaranteed Buyout Programs
- Trade Programs and Equity Advances
- Comprehensive Menu of Services for Buyers and Sellers

Offered at No Charge:

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- Buyer Consultation
- Specialized Marketing Plan with Free Market Analysis



5440 Ward Rd. #110  
Arvada, CO 80002  
303)420-5352

We're on the Web!  
TheHaasTeam.com

Email: [Info@thehaasteam.com](mailto:Info@thehaasteam.com)

## Inspiration Corner

On Sunday, Apr. 23rd, Chicks with a Purpose will be riding along Denver's Platte River Bike Path distributing hygiene kits in an effort to help Denver's Homeless.



Would you like to help us? Here's how— We're collecting donations of all travel size items such as, shampoo, soap, lotion, tooth paste/brushes and deodorant. The homeless are also in great need of blankets and monetary donations are also gladly accepted!

Contact Lisa or Tammy at the numbers below or send us an email at [info@TheHaasTeam.com](mailto:info@TheHaasTeam.com). We're more than happy to stop by and pick up your items. (want more info? visit [chickswithapurpose.org](http://chickswithapurpose.org))



Need another great reason to collect tooth brushes and toothpaste? The Adopt a Soldier organization is collecting items for US Soldiers. Troops are asking for dental products to give to the children of IRAQ. Many of these children have never brushed their teeth, and the soldiers have asked for our help. For more information go to [www.adoptaussoldier.org](http://www.adoptaussoldier.org)

Have a Real Estate Question?  
Call Us Today!

- Phil Haas- (303)467-7646
- Ryan Haas- (303)467-7645
- Lisa Welch- (303)467-7657
- Todd Welch- (303)467-7666
- Zac Brown- (303)456-7790
- Tammy Bray- (303)467-7654

## Everyone is talking about the Neighborhood Hotline!

**Neighborhood Hotline**  
Do you want to know what the asking price is for the house down the street? Curious what the neighbors who just moved in ended up paying for their house? Call the Neighborhood Hotline today and get all the information you need!



Now you have access to this same information 24 hours a day, and at absolutely no cost to you. Go ahead! Give it a try!

Need another Neighborhood Hotline Magnet? Call Tammy at 303.467.7654 and we'll be happy to get you one!



The Haas Team has revolutionized the way you determine your home's value! For **absolutely** no cost or obligation, you can call your neighborhood hotline and find out property value information like recent sales, those under contract and current listings, without ever talking to anyone! This information is personalized for YOUR neighborhood and is updated monthly. Don't be the last person on your block to utilize this valuable service!

You see, in years past, if you wanted to know what the neighborhood values were you would have to call a sales person or secretly take flyers from yard signs.

Dial Toll Free 1-866-311-0372	
Double E Ranch	Ext. 260
Maple Valley	Ext. 261
Rainbow Ridge	Ext. 262
Ryan Ranch	Ext. 263
Saddle Brook	Ext. 264
Shadow Mtn.	Ext. 265
Sunrise Ridge	Ext. 266
Trail Village	Ext. 267
Valley at Rainbow Ridge	Ext. 268

The Haas Team  
Your West Arvada  
Real Estate Experts

April/May 2006



THE HAAS TEAM AND RE/MAX ALLIANCE PRESENT . . .

# The Haas Herald

Serving communities in West Arvada

## Brave as a Tiger ~ Strong as an Ox



One of the most rewarding parts of our job is not only getting to know people on a more personal level, but becoming truly inspired by them. I still revel in the fact that with each new Real Estate transaction, I have the ability to learn something new and unique about another individual; an unknown hobby or interest, a life-changing experience or even an amazing act of courage.

Carolyn Nobel is not only a friend and client. She is a Wife, Mother, Sister, Daughter, PhD recipient, Brainiac Engineer, "Justice of the Peace", Web Blogger, World Traveler, and Comedian. She has incredible strength and a great sense of humor—and she is fighting cancer. I felt inspired to write about her, because I know that all of you, even if you don't know her personally, will also find her to be an inspiration.

When she was diagnosed with breast cancer this past January, at 33 years young, her first thoughts weren't about death and despair, but rather— "I'm going to need a mantra to get through this!" (typical Cari). Her 2 yr. old son, Alexander, pointed to a picture book and said, "Yook Mommy! I brave as a Tiger!". And there was her mantra.

~ **Brave as a Tiger, Strong as an Ox!** ~

From this mantra Cari, with help from younger sister Tracey, designed her own website, [www.TigerOx.Org](http://www.TigerOx.Org). Not only is it a creative way to keep her friends and family posted on her progress (aka—Carolyn's blog), but the site also offers a Photo Gallery, lists 'Things to be Happy about', and posts 'Gotta Laugh' segments (and they really are comical). In a recent blog about making the decision to get her hair cut, coined 'Operation Fuzz Head', she talks about her 'really impressive mullet'! On the site Cari even offers a list of Things that you can do (see our Herald article on pg. 2); sites to go to for information on breast cancer or ways to help donate. Truly Inspiring.



What I've come to discover in my lifetime (my long 32 years) is that in times of hardship and difficulty, although painful and challenging, growth, inspiration, new-found courage and a deep sense of gratitude are born. And what may not be perceived as a gift, at least initially, is discovered as just that. A gift and a blessing.

Through Cari's fight there are several gifts...to several different people...wrapped in several different packages. Thank you for sharing your story, Cari. But most importantly—Thank You for sharing you!

Written by: Lisa Welch (a big mullet fan)

## Haas Team Easter Egg Hunt



Hop on over to the Haas Team Easter Egg Hunt!

Saturday—April 15th @ Van Bibber Park (56th and Ward in Arvada)

Please RSVP by April 10th to 303.467.7654

9:15-9:30 Refreshments and Donuts

9:30-10:15 Easter Egg Hunt

BYOB— Bring your own Baskets

Rain/Snow cancellation hotline call: 1-866-311-0372 x299

Everyone Welcome!



# Walking for HOPE

“Quite simply,” Lisa states, “I’m walking for her. I am walking to help give Cari, my family, her friends and myself...HOPE.” Lisa and Tracy are Cari’s younger sisters and they both discovered new-found inspiration in their older sister through her battle to fight breast cancer. Tracey used her computer savvy talents to create Cari’s incredible website, **TigerOx.org** (cover story), and Lisa is using her athletic abilities along with great determination and perseverance to walk in hopes of finding a cure.

On June 24th and 25th, Lisa will walk nearly 40 miles—a marathon (26.2 miles) the first day and a half marathon the next. Lisa has committed to the training and fundraising required to participate in this life changing event known as the **Avon Breast Cancer Walk**. The net proceeds from this event will support non-profit breast health programs, as well as medical research to help find a cure for breast cancer.

**Her goal is to raise \$5000. Our goal is to help her.**

We’re asking you to help Lisa, to help Cari, and to help the countless numbers of families that are affected by breast cancer. Here are three ways to help:

- 1) Contact The Haas Team—303.467.7657
- 2) visit [TigerOx.org](http://TigerOx.org) or
- 3) contact Lisa directly at: (720)934-9311 or email: [nobel.lisa@tchden.org](mailto:nobel.lisa@tchden.org)



## Meet Deborah Ponis..... *Recover, Relax, Rejuvenate!*



What would the world be like if everyone had to receive a massage once a week? This is what I wonder at times when a client leaves my office in a better place after receiving a therapeutic massage. It is my favorite part of the job; seeing an immediate physical and/or emotionally balanced person walk out the door, ready to take on life as it is handed to them. Celebrating 5 years in practice, I have come to firmly believe that we cannot afford to NOT take care of our bodies. *We must allow them to recover, relax, rejuvenate!*



ous health concerns that if not addressed right away, would effect my general health for years to come.

I committed to seeing my chiropractor weekly and he referred me to massage to eliminate the pain cycle. I also attended physical therapy to retrain my muscles. The regime was tedious for a girl who would much rather be hanging out with her friends, but IT WORKED!

I learned some of my most valuable lessons in life then:  
**1) Listen and get in tune with your body.** **2) Make your overall health a PRIORITY in your daily schedule and life plan.** **3) Find balance and make time for your body and mind to just BE.** These lessons in life have landed me where I am today.

I invite you in for a massage and to give your body a chance to rejuvenate!

**Mention this article and receive \$10 off a one hour massage: current or new clients!**

Remember ~ *We are HumanBEings not HumanDOings!*  
 Deborah Ponis, CMT Phone: 303-424-0401



## Contest Corner

### Congratulations, Amanda Kortje!

Amanda won a \$50 gift certificate to OutBack Steakhouse. She won by entering her name into our Haas Herald drawing.



You could be a winner too. Just enter to win in our next contest.

### Next CONTEST.....

Tell us the special way you are planning to celebrate Mother’s day. We will add your name into a drawing for a FREE \$50 gift certificate to the restaurant or store of your choice.

Call 303.467.7654 or email us at [info@thehaasteam.com](mailto:info@thehaasteam.com)  
 The deadline is Friday, April 21st so hurry!



# MOVING? You need a MOVING CHECKLIST...



Moving involves numerous different tasks. A checklist can help you remember what needs to be done. A good list can also help make moving less stressful. Here are some helpful tips:

**One month before moving**, remember to submit a change of address form with the US Postal Service. Also, obtain (or locate for mailing) medical and dental records, x-rays and prescription histories. Ask your doctor and dentist for referrals and transfer any prescriptions. Make sure to inventory all of your belongings as well.

**One or two weeks before moving**, coordinate stop (old residence) and start (new residence) dates for utilities and other service providers (gas, electric, water, trash, cable, telephone, etc.). Don’t forget to arrange for help on moving day and make sure to confirm your travel reservations.

Give a close friend or relative your travel route and schedule so you may be reached if needed.

**On moving day**, double check closets, drawers, shelves, attic and garage to be sure they are empty. Carry important documents, currency and jewelry, or forward via registered mail.

**Upon arriving at your new home**, don’t forget to renew your driver’s license and registration. Also, make sure to locate hospitals, police stations, veterinarian and fire stations near your home.

For a more detailed “**Moving Checklist**” to help make your move as stress free as possible, check out our website at [TheHaasTeam.com](http://TheHaasTeam.com) (*Free Seller’s Reports*) or call Ryan with the Haas Team at **303.467.7645** today!

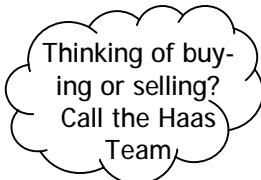
## A Very Special Thank You for Your Business and Referrals:

*~When it comes to referrals, we know our service reflects directly on you. We won't let you down!*



- Sonja Frakes
- Brad Kohler
- Scott Fischer
- Cathy Barrett
- Allison and Mike Kowalchik
- Bruce and Barbara Summers
- Amanda and Brandon Looney
- Jeffre and David Stankiewicz
- Carl and Joni Roberts
- Misty Crown
- Conrad Steller
- Anne and Arthur Cohan

- Tom and Kathy Lein
- Mr. and Mrs. Rocky Howell
- Doug and Caryn Barnes
- Jason Willis
- John and Janice Rogers
- Jim Van Hooser
- Jim Cristelli
- Andrew and Jennifer Kuttig
- Elton and Dawn Davis
- Jeff Blakley
- Greta Lundgaard



## What’s Happening.....

**- Someone Save My Baby Ruth! April 7-8 6pm:** It’s dinner and a fun show for the entire family! All proceeds benefit the Kiwanis Pediatric Trauma Institute at Children’s Hospital. Adults \$12/Students \$6 and Kids under 6 are FREE! Contact Lisa for tickets—303.467.7657



**-Mamma Mia 5K Run/Walk**  
 Mother’s day weekend- Saturday, May 13th @ SW corner of City Park, Denver. Call BKB for info. 303-694-2030 or go to event calendar at [www.bkbltd.com](http://www.bkbltd.com)

**-BolderBoulder 10K Run May 29th**  
 50,000 runners, joggers, walkers take to the streets for Colorado’s own Memorial Day tradition. [www.bolderboulder.com](http://www.bolderboulder.com)

**-Start Pedaling Now!—The Ride for 65 Roses**  
 In support of The Cystic Fibrosis Foundation you can pedal 25, 65 or even 100 miles! Save the date—Aug. 26th. [www.ridefor65roses.com](http://www.ridefor65roses.com)...stay tuned for more info.



**-Sunset Stroll at the Butterfly Pavilion April 13th @ 7:00pm** \$6pp –a guided tour at dusk, discover the unexpected including hermit crabs and bullfrogs. Sunset strolls will be offered monthly thru-out 2006. For more information go to: [www.butterflies.org](http://www.butterflies.org)

